

2023 Spring Garden Kickoff

Descripción

Plot Against Hunger's 2023 Spring Garden Kickoff was held on March 4th at Arlington Central Library. Our keynote speaker was Stacey Evers, Board Chair, Hands On Harvests, and featured speakers were Stephanie Hopkins, Arlington County Food Security Coordinator, Arlington County Department of Human Services and Libby Garvey, Arlington County Board Member. Healthy stretching presentation by Christine Crawford, OT & Haideh Ansari, PT from Virginia Hospital Center. FOUA board members and Plot Against Hunger committee members rounded out the rest of the program.

Here are links, followed by a rough table of contents (clickable when viewed directly on YouTube).

Arlington County Food Assistance https://www.arlingtonva.us/Government/Departments/DHS/Food-Assistance

Arlington County Food Security Coalition
https://www.arlingtonva.us/Government/Departments/DHS/Food-Security-Coalition

Hands on Harvest https://www.handsonharvests.org/

Northern Virginia Cooperative Extension, Arlington County https://arlington.ext.vt.edu/

FOUA Volunteer system https://arlingtonurbanag.org/volunteer/

FOUA shirts, hoodies, and other gear https://arlingtonfoua.myspreadshop.com/

- 00:0:03 Welcome from FOUA Board!
- 00:06:40 Stephanie Hopkins, Arlington County Food Security Coordinator, Arlington County - Department of Human Services
- 00:15:27 Libby Garvey, Arlington County Board Member
- 00:26:07 Stacey Evers, Board Chair, Hands On Harvests, Falls Church, VA.
- 00:54:47 Christine Crawford, OT & Haideh Ansari, PT, Virginia Hospital Center. Flexibility in the Garden
- 01:06:50 David Sachs, FOUA Board Member – Community, Body, Soil

- 01:07:30 Kirsten Conrad, Virginia Cooperative Extension & FOUA Board Member – 4TheSoil & VCE Services
- 01:15:13 Becky Halbe, FOUA Board Member – Plot Against Hunger history
- 01:18:08 Pete Riley, FOUA Board Member – Gleaning
- 01:22:16 Becky Halbe, FOUA Board Member – Produce bagging
- 01:24:13 Dr Susan Agolini, Marymount University – Volunteering opportunities
- 01:25:28 Emily Landsman, FOUA Board Member – How to sign up to volunteer
- 01:27:27 Audrey Morris, FOUA Board Member – Garden Talks

Thank you to Nenad Mladenovic for event recording and video production.

(Captions have been auto-generated by YouTube, please be kind to our typist!)



Categoria

1. Events
2. Grow Your Own Food
3. Plot Against Hunger
4. Project HUG
5. School Gardens

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